## **Job Description**

## **Job Title**

Support Worker

## **Reports To**

Employer

## **Job Overview**

To support employer inside and outside of her home with tasks listed below:

## **Responsibilities and Duties**

* To drive the employer in their own vehicle to the gym.
* To support the employer to use equipment in the gym.
* Housework – hoovering bedroom floor, polish, and dust, change bedding, inside window cleaning, clean mirrored wardrobe door, keep the wet room and shower area clean (including sink, floor, mirror, and surfaces). Occasionally, assist with tidying desk area and help the employer to access files/paperwork that are in top cupboards and otherwise difficult for her to reach.
* Moving and Handling – supporting employer to get on/off gym equipment and set the weight/seat at correct height ready for her to use.

The applicant must be flexible with hours/days to accommodate the employer’s varied shift patterns and be willing to accompany the employer on social outings (to the shops, cafés, and restaurants, etc.) as necessary.

## **Qualifications**

No qualifications are necessary as full training is provided. However, experience of supporting people inside and outside of the home is essential. Applicants need be patient and comfortable working with people who have mobility problems.

* A full DBS will be required, this will be funded by the employer
* Willing to drive employer’s own car (with employer as passenger)
* Moving and handling skills will be required to support employer setting up and using gym equipment.

***The applicant is required to have the characteristics set out which are deemed an occupational requirement of the role in compliance with the provisions of the Equality Act 2010***