**Job Description**

**Rate of Pay** £9.50 per hour

**Hours per week** Minimum of 13 hours per week

Monday 6-9pm, Wednesday 10-3, Friday 10-3

Extra hours available to support me for any additional activities/trips as well as when I am playing at matches and support to attend football matches, I am a keen Newcastle United fan.

**Location** Westerhope

**The Purpose Of The Role**

Your job will be to support me to access my local community and attend any places and activities safely and confidently.

You will provide calm reassurance and support me to manage any anxieties to prevent any challenging behaviour.

**About me**

I am friendly and naturally caring I have a variety of interests including football, cinema, disco. I love animals. I enjoy exploring new places and look forward to day trips again once restrictions are lifted.

It is important to give me a lot of guidance and reassurance and supervision. I have little awareness of danger and can be anxious in crowded places, particularly if I see large groups of teenagers,

During the week my routine is quite structured, and I take part in regular activities. Sometimes I like to go further afield, for example, trips to the coast, Lightwater Valley, owl sanctuary.

**Main Duties**

* Monday evening you will meet me at my family home and accompany me to Football training and then back home again.
* Other activities to be arranged on a weekly basis
* Support me to continue to develop my independent living skills, e.g. money management, independent travel and communication
* Prompt me in my personal care routine
* Plan activities for holiday time with me
* Ensure my safety at all times
* Provide reassurance if I become anxious or agitated when taking part in any activity

These duties may vary from day to day and you may be requested to carry out any other reasonable duties that may be necessary.

You will work under my direction to meet my needs, with support from my family and will be accountable to us in all aspects of your work. You must be reliable and be able to use your initiative and it is important that your approach to work is flexible. You must also be able to respect our privacy and have an understanding of the need for confidentiality in all areas of your work.

**Essential Skills, Experience & Attitude:**

* Experience in working with adults who have a learning disability.
* Have a driving licence and access to a car for work
* An understanding of the needs of adults with disabilities
* Physically fit and able to undertake safe manual handling practices
* Good verbal and written communication skills
* Observant and sensitive to peoples needs
* Ability to liaise with outside agencies and other professionals
* Have a positive attitude towards disabled people
* Be enthusiastic about your work
* Be reliable
* Be motivated
* Be on time and take pride in punctuality
* Be able to accept responsibility
* Have and use your own initiative and common sense
* Be clean, tidy and have excellent hygiene
* Be prepared to be trained
* Be willing to work under my direction and instruction
* Be confident
* Be comfortable asking questions if you are not sure
* Be patient
* Know how to follow a confidentiality policy