**Personal Assistant Job description**

**Location:** South West York

**Hours:** To be agreed with the family (initially a few hours per week, with potential to increase)

**Rate of Pay:** £12.60 per hour

**Purpose of the Role**

To provide support for Arthur, a 14-year-old Autistic young person with a PDA-type profile and ARFID, by spending time with him, encouraging his interests, and supporting him at home and, when appropriate, in the community.

**Main Duties & Responsibilities**

* Build a positive and trusting relationship with Arthur through shared activities and interests.
* Spend time with him at home engaging in gaming (Switch, Xbox, PC), Dungeons & Dragons, Yu-Gi-Oh, and drawing/creative activities.
* Support Arthur in preparing to attend local activities outside the home, such as short walks, cafés, and D&D sessions.
* Encourage and enable Arthur’s independence in line with his needs and choices.
* Respect Arthur’s autonomy, adapting to his PDA profile and communication style.
* Provide practical support linked to outings, including use of his wheelchair for longer distances.
* Liaise with his family to provide consistent support and feedback.
* Ensure Arthur’s safety and well-being at all times.

**Person Specification**

**Essential**

* Friendly, patient, and reliable with a calm and adaptable approach.
* Respectful of Arthur’s autonomy and able to follow his lead.
* Willingness to learn about and support the needs of a young person with autism, PDA, and ARFID.
* Comfortable supporting a young person who uses a wheelchair.
* Good communication skills with both Arthur and his family.
* Reliable and able to maintain confidentiality.

**Desirable**

* Experience of working with autistic children/young people, especially with PDA profiles.
* Knowledge or interest in gaming, Dungeons & Dragons, role-playing games, or Yu-Gi-Oh.
* Experience of supporting someone with ARFID or restricted eating.
* Previous experience as a Personal Assistant or support worker.
* Flexibility to increase hours as the role develops.